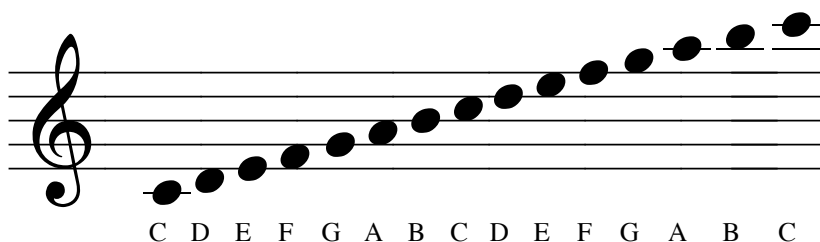
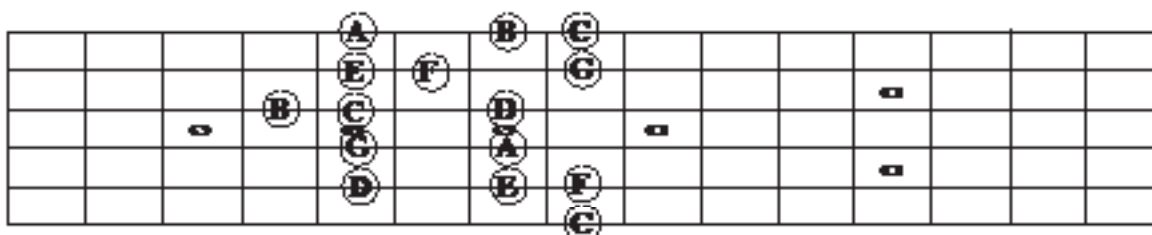


# Scales Lesson 1

## Moving from theory to the fingerboard

In Theory lesson #1, we learned the notes on the lines and spaces on the treble clef. Lets apply these notes to the fingerboard.

These same notes can be played on a guitar in several different positions. We will first learn them in the 5<sup>th</sup> position. Again, what you are actually playing here is called a two octave C major scale. This will be fully explained in upcoming lessons.



**Exercise:** Look at the notes on the staff and then look at the notes on the fingerboard diagram. Remember that both of the above diagrams are telling you exactly the same thing. The low “C” is played and read on the 6th string at the 8th fret. The high “C” is played on the 1st string at the 8th fret. Play the notes on the diagram and say them out loud. Then look back at the notes on the staff and try and play the notes by looking at the staff and not using the fingerboard diagram. Take the time to learn where the notes on the staff are located on the fingerboard of the guitar. Remember that guitar players are very shape oriented. We need to know the names of notes under our hands as well as where these notes live on our instrument as well as where these notes are written. This exercise needs to be practiced very slowly.

Once this lesson has been completed, move to the fingerboard harmony lesson #1.